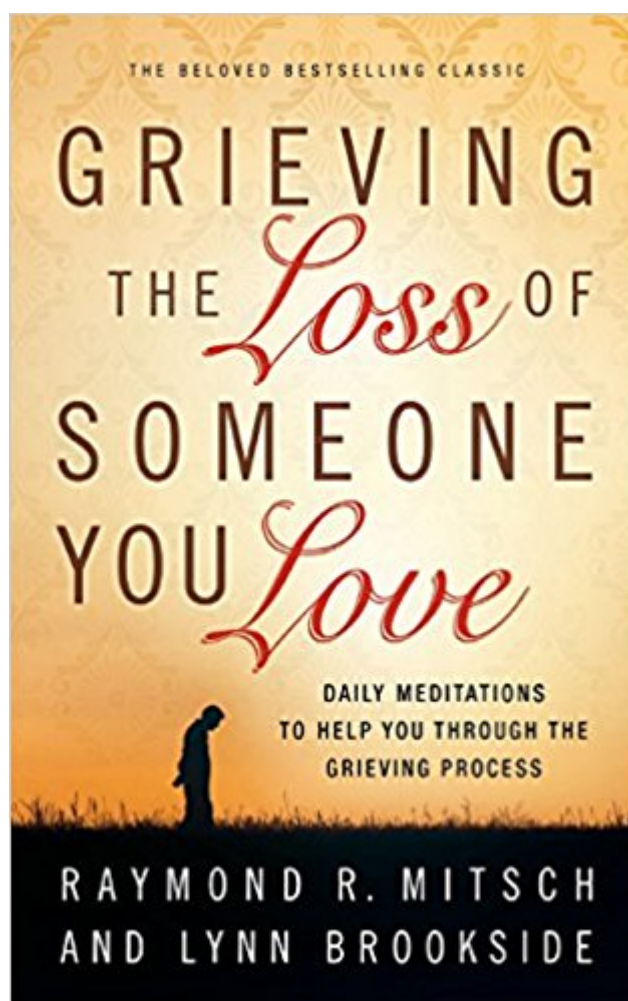


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# Grieving The Loss Of Someone You Love: Daily Meditations To Help You Through The Grieving Process



## Synopsis

This series of thoughtful daily devotions can help you endure the anguish and uncertainty; understand the cycles of grief; sort through the emotions of anger, guilt, fear, and depression; and face the God who allowed you to lose the one you love.

## Book Information

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## Customer Reviews

No valley is as vast as grief, no journey as personal and life-changing. Compassionate and wise guides, Raymond L. Mitsch and Lynn Brookside, shine a light on the road through grief. They can help you endure the anguish; understand the stages of grief; sort through the emotions of anger, guilt, fear and depression; and face the God who allowed you to lose the one you love. This series of thoughtful daily devotions shares wisdom, insight and comfort that will help hurting people through and beyond their grief. --This text refers to the Audio CD edition.

Few losses are as painful as the death of someone close. No valley is as vast as grief, no journey as personal and life changing. Compassionate and wise guides Raymond Mitsch and Lynn Brookside shine a light on the road through grief. They can help you endure the anguish; understand the stages of grief; sort through the emotions of anger, guilt, fear and depression; and face the God who allowed you to lose someone you love. A series of thoughtful daily devotions, *Grieving the Loss of Someone You Love* shares wisdom, insight and comfort that will help you through and beyond your grief. --This text refers to the Audio CD edition.

I never ever leave reviews but this book is so powerful that I felt the need to. Six months ago my husband and best friend of 15 years suddenly passed away. I am now raising our 3 kids alone. I am now a widow at 33 years old. This book has helped me deal with my grief and realize some emotions that I wasn't trying to deal with. Very quick chapters, 2-3 pages, that get to the raw feelings that we have with losing someone so close to us. No sugar coating the grief. Grief is painful and hard and difficult to navigate but this book has helped me not only turn my life over to God but help my mind and heart process the pain. Wonderful book and I have bought many copies for others going through this painful journey too.

This book on grieving is a great one for sharing, as well as for personal use as the need arises. I ordered several of these on behalf of a friend. When she learns of an acquaintance who has lost a loved one she offers them this book. It has short chapters dealing with the many aspects of grieving and loss, and many have returned to tell her how much the book meant to them. It comforts as well as tells you about feelings you might experience and the stages of grief. My friend said it helped her through the loss of both parents and again when her spouse died. So far she has had me order 10+ copies from the "used" market, and every one we've gotten has been just like new. Highly recommended

Exactly what the doctor (or pastor) ordered. My father passed away in March and I am still using the book. I devoured it at the beginning, but now just grab for it when I feel the need. Written in such a manner that you can read whatever chapter you need at the time and be reminded that you will get through this. The book should be every pastor's repertoire.

This book was recommended to me by a dear friend who lost her husband eight years ago. I now find myself going through the grieving process, and can use all the help I can find. I read this book often, and the author's makes a lot of sense. It's very interesting reading and I have found it to be very helpful. I'm thankful that they have been willing to share these stories. Phyllis A.

When my husband died, this was the book that helped the most. Chapters are short (important!) and can be read in any order. They let you know that you are not crazy; your feelings are normal. I have given many bereaved people this book and all have said it helped.

Following the very sudden death of my 27-year old husband back in 1992, my mind was a jumbled

mess. I searched for books to guide me through a path that was uncharted to me, and this book was truly a God-send and it is a book that will never leave my grief library. There were many days when I couldn't concentrate enough to read a food label, let alone a book, so this wonderful collection of "messages" was perfect for my wandering, grieving mind. I was able to tackle little bits at a time, and since it's not a "read from cover to cover" book, I could jump around, finding messages that met me exactly where I was at any given moment. There are people who will not benefit from this book due to the strong Biblical ties, but it was exactly what I needed. I've gone back to receive comfort from this book over the years and it has helped guide me through the death of my mother and a brother as well. I have purchased and shared this book with at least a handful of grieving and broken hearts over the past 17 years, and ordering another copy was what prompted me to share my review.

I have purchased many copies of this little book to give to those who are suffering over the loss of a loved one. It's a great book to give to Christians or those who may be open to hearing what Christianity is all about. I met someone while on vacation and he shared with me that his young niece drowned in a swift water accident. He is not a believer but after I gave him a copy of this book he contacted me and asked where he might buy more because he wanted to give everyone in his family a copy for Christmas. Another really good book for those who have experienced a miscarriage or infant loss is "Losing you too soon" by Bernadette Keaggy. I purchase those by the case because I work in a pregnancy clinic.

I am amazed and inspired by this little book. Every short chapter, written in a daily devotional style like a Christian or 12-step recovery book, has reaffirmed the thoughts and feelings I hesitate to express openly to some people at church. My sister Andrea died unexpectedly 1 week ago (today is 1/6/02) and it's been...hard (and it's hard to find the right word to describe how it's been). I found this book "by accident" at a used book store. Now I am ordering copies so I can give this one to her husband and son. Thank you Jesus for the openness and honesty and truth in this little book, it's going to help with a lot of healthy grieving and healing in the next few years.

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